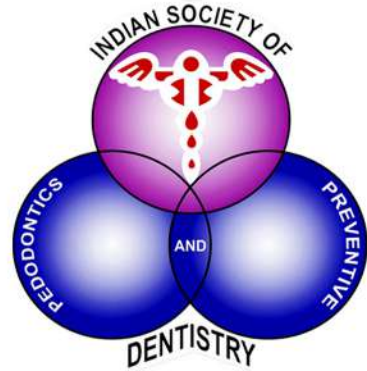


The Official Newsletter of  
Indian Society of Pedodontics & Preventive Dentistry

ISPPD  
*Smile Times*



**Jan-March 2026**



*Cover by Dr. Chaitali Umesh Hambire*

# ***ISPPD Smile Times***

The Official Newsletter of

**Indian Society of Pedodontics and Preventive Dentistry**

**January – March 2026**

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-  ISPPD Office Bearers
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-  ISPPD News, Awards and Accomplishments
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## About ISPPD

The Indian Society of Pedodontics and Preventive Dentistry (ISPPD) is a national society specifically concerned with the oral health of children in India. It aims to improve oral health in children and encourage the highest standards of clinical care. ISPPD has over 2000 Pediatric Dentists as life members.

The emblem of the society is based on the famous triad of Keyes (1960). One circle represents the tooth, the other the bacteria and the third diet. The shaded area of inter-section of the circles represents dental caries. The Stress given is that for caries to develop all the three factors are essential; caries cannot occur if one factor is missing.

Incidentally, this area of inter section of circles takes the form of Triangles. The triangle connotes two aspects. It represents delta, which is the sign of dentistry. It depicts the Pedodontic triangle as given by Wright (1975). The three corners of triangles are indicative of (a) Child, (b) Mother (parent) and (c) Dentist. This triangle represents 1:2 transaction for the management of children.





The top circle of keys in the emblem carries symbols of the emblem of the Indian Dental Association (IDA) Staff of Aesculpius with wings of serpents encircling around it. The staff of Aesculpius stands of captor of authority and represents the professional authority of association. The serpents show the power of healing since serpents ages back have been used for healing. Hippocrates adopted this symbol and we have adopted it with two serpents entwined around the staff in opposite directions. The wings on the staff represents the spread of knowledge. The wings have 6 small and 3 large divisions as in the IDA emblem.





The Indian Society of Pedodontics and Preventive Dentistry has been formed on the firm belief that "Every child has a fundamental right to his total oral health". The Society has an obligation to fulfill this faith.





### **Aims & Objectives**




- The Society is formed on the firm belief that “Every child in India has a fundamental right to total oral health”. Every member of the Dental profession in general and Pedodontists in particular have an obligation to uphold this right.
- The Society shall have the solemn responsibility towards the maintenance of positive dental health of the children through prevention, involvement of the community and through other necessary measures to achieve this objective.
- The Society shall make an endeavor to provide suitable medium for honoring the commitment it has so sacredly undertaken.
- The Society shall be responsible for improvement of education, research and delivery of Oral health care in the field of Pedodontics & Preventive Dentistry and shall extend cooperation or collaborate with any individual, group or organization, national or international, with similar ideas, ideals and objectives

# ISPPD Office Bearers - 2026





















 <p>Dr. Sudhindra Baliga M President</p>	 <p>Dr. Shashikiran ND Immediate Past President</p>	 <p>Dr. Susant Mohanty President Elect</p>	 <p>Dr. Varinder Goyal Secretary General</p>
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 <p>Dr. Kunal Gupta Vice President</p>	 <p>Dr. Ritesh Kalaskar Vice President</p>	 <p>Dr. Anshula Deshpande Treasurer</p>	 <p>Dr. Nikhil Srivastava Immediate Past secretary</p>
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 <p>Dr. Sharath Asokan Editor</p>	 <p>Dr. Shantanu Choudhari Joint Secretary</p>	 <p>Dr. Nikhil marwah Asst. Secretary</p>	 <p>Dr. Deepak P Bhayya Asst. Treasurer</p>
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 <p>Dr. Virat Galhotra Associate Editor</p>	 <p>Dr. Suprabha Bhat Asst. Editor</p>	 <p>Dr. Deepa G Asst. Editor</p>
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# Executive Committee Members - 2026

 <p>Dr. Anandaraj S EC Member</p>	 <p>Dr. Anjana G EC Member</p>	 <p>Dr. Babita Niranjani EC Member</p>	 <p>Dr. Brinda Suhas Godhi EC Member</p>
 <p>Dr. Chandan G D EC Member</p>	 <p>Dr. Debapriya Pradhan EC Member</p>	 <p>Dr. Devendra Nagpal EC Member</p>	 <p>Dr. Gurvanit Kaur Lehl EC Member</p>
 <p>Dr. Indira M D EC Member</p>	 <p>Dr. Laghna Gowda EC Member</p>	 <p>Dr. Manojkumar Jaiswal EC Member</p>	 <p>Dr. Nilima Gajanan Shegokar EC Member</p>
 <p>Dr. Ramesh Krishnan EC Member</p>	 <p>Dr. Shabnam Zahir EC Member</p>	 <p>Dr. Shikhar Kumar EC Member</p>	 <p>Dr. Shilpi tiwari EC Member</p>
 <p>Dr. Urvashi Sharma EC Member</p>	 <p>Dr. Vinaya Kumar Kulkarni EC Member</p>	 <p>Dr. Vipin Ahuja EC Member</p>	 <p>Lt Col (Dr.) Tapan Singh EC Member</p>

# PRESIDENT'S NOTE



It is a matter of great pride that the Indian Society of Pediatric and Preventive Dentistry continues to advance its mission with renewed vigor in 2026, particularly through its robust and dynamic educational initiatives. The Education Wing has been exceptionally proactive, organizing impactful programs such as national-level Continuing Dental Education, workshops, hands-on clinical training modules, and student-centric academic forums aimed at strengthening both foundational knowledge and advanced clinical skills.

In an era defined by evolving competencies, technological integration, and evidence-based practice, it is imperative that we, as pediatric dental professionals, remain committed to continuous learning and professional refinement. I strongly encourage all life members to actively participate in these initiatives, upgrade their skills, and align with global standards to deliver the highest quality care to our young patients.

I also extend a warm invitation to all members to gather in the capital city, New Delhi, for our National Conference from September 21st to 23rd, 2026, for a stimulating academic and professional exchange. Your presence will greatly enrich the collective growth and future direction of our specialty

**Dr. Sudhindra Baliga**

**President ISPPD**

## FROM THE SECRETARY GENERAL'S DESK

Dear Members of the ISPPD Family,

As we usher in the first quarter of 2026, I am filled with immense pride at the momentum our society has gathered. This period marks a pivotal chapter in our journey, characterized by structural refinement and global outreach.



The start of this year has been dedicated to "Strengthening our Foundation." We have recently initiated a comprehensive review of our Constitution amendments and Congress guidelines. These amendments are not merely administrative changes; they are designed to ensure that ISPPD remains a transparent, democratic, and future-ready organization that serves the "Gold Standard" of pediatric dental care. I urge every member to engage with these drafts—your feedback is the cornerstone of our progress.

I am also thrilled to officially announce that the College of Dental Sciences (CODS), Davangere, has been selected to host our next National Postgraduate Convention. Under the leadership of Dr. Mallikarjun K. and his team, I am confident that Davangere will provide a spectacular stage for our young researchers to shine.

As you flip through the pages of this issue of SmileTimes, you will see the vibrant pulse of our society—from school oral health programs to high-impact clinical research. Let us continue to work with the same fervor to ensure that every child we treat receives care that is not only clinically sound but compassionate and life-altering.

Wishing you all an intellectually stimulating and productive quarter ahead.

**Dr. Varinder Goyal, MDS, MFDS, RCPS (Glasgow)**

**Secretary General**

Indian Society of Pedodontics and Preventive Dentistry

Member, Board of Directors, International Association of Pediatric Dentistry

Professor & Head, Department of Paediatric & Preventive Dentistry,

Guru Nanak Dev Dental College & Research Institute, Sunam-148028, Punjab, India

Fellow, Royal College of Physicians and Surgeons, Glasgow

91-9855466666,

[virinderg@gmail.com](mailto:virinderg@gmail.com)

## FROM THE EDITORIAL BOARD

Dear Readers,

Warm greetings from the Editorial Desk of ISPPD *Smile Times*.

It is with immense pleasure that we present the January–December 2025 issue of our newsletter, a vibrant reflection of the dynamic and ever-evolving field of Pediatric and Preventive Dentistry. As we continue our collective journey toward promoting oral health and the overall well-being of children across the nation, *ISPPD Smile Times* stands as a testament to our shared commitment, curiosity, and compassion.



This issue brings together a rich blend of scientific updates, society activities, valuable member contributions, and snapshots of the inspiring work being carried out across India. We have also included highlights from recent academic events, insights into emerging trends, information on upcoming conferences, and thought-provoking perspectives from both our young minds and seasoned professionals.

Heartfelt gratitude to Dr. Chaitali Umesh Hambire, who is designing the cover page of our ISPPD Smiletimes issues. I warmly invite all our members to share their experiences, insights, and achievements with *Smile Times*, as your voice is what truly enriches this publication and strengthens our professional community.

Thank you for your continued support and enthusiasm. Together, let us keep spreading smiles and shaping a healthier future for every child.

**Warm regards & Best wishes**

**Dr Brinda Suhas Godhi**

**Chief Editor, ISPPD Smile Times**

**Reader, Department of Pediatric & Preventive Dentistry**

**JSS Dental College & Hospital , JSS Academy of Higher Education & Research. Mysuru 570015**

### Associate Editors



**Dr Sonali Saha**  
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Sardar Patel Post Graduate  
Institute of Dental and  
Medical Sciences,  
Lucknow 226025



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Professor,  
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Hospital, JSS AHER  
Mysuru



**Dr Subbalekshmi T**  
Professor  
Malabar Dental College  
Edappal, Malappuram



**Dr. Indira M D**  
Reader  
JSS Dental College &  
Hospital, JSS AHER  
Mysuru

# Executive Committee Meeting of Indian Society of Pedodontics and Preventive Dentistry held at Bengaluru on 18/01/26



# 22<sup>nd</sup> ISPPD PG Convention 2026

## “ISPPD CONVENE 2026”



22<sup>nd</sup> ISPPD PG convention was organised from 14<sup>th</sup> - 16<sup>th</sup> March 2026 by Department of Pedodontics and Preventive Dentistry, Anil Neerukonda Institute of Dental Sciences, Visakhapatnam, was a grand and remarkable success. The convention witnessed a record-breaking total of 1450 registrations, making it one of the largest gatherings for postgraduate students in pedodontics. The academic program commenced with 17 preconference courses that received an overwhelming response and full participation. The convention further featured 30 guest lectures, 18 keynote lectures, and 5 symposiums delivered by eminent speakers, contributing to a rich and comprehensive academic experience.

The scientific schedule was meticulously planned and executed, with a total of 1110 scientific presentations delivered by postgraduate students, showcasing extensive research, clinical knowledge, and academic excellence. Prior to the convention, academic enthusiasm was built through the “Wednesday Wisdom” program, where online academic sessions were conducted every Wednesday to promote continuous learning and preparation among students.

The convention was hosted at the beautiful beachside Radisson Blu, providing a vibrant and refreshing atmosphere for all the delegates. In addition to the academic events, several engaging activities such as box cricket and, for the first time, an early morning Shore Run on the beach sands were conducted and were enthusiastically received by the participants. The gala night was another major highlight, filled with entertainment and memorable moments. Overall, the 22nd ISPPD PG Convention, “Pedo Convene 2026”, stands as a grand success and a memorable milestone for the institution and the organizing team.

**Summary Report by Dr Chaitanya Ram ,Organizing Chairman**



# Fit Pediatric Dentist Initiative

**INDIAN SOCIETY OF PEDODONTICS AND PREVENTIVE DENTISTRY**  
Embracing Wellness Beyond Clinical Practice

**FIT PEDIATRIC DENTISTS** **FIT INDIA**

**INAUGURATION**

**Chief Guest**

**Dr Sudhindra Baliga**  
President, ISPPD

**Dr Rahul Hegde**  
Executive Member  
Dental Council Of India

**Dr Varinder Goyal**  
Secretary General ISPPD

**Sunday 1st February, 2026 @ 10:00 AM**  
Hosted by : ISPPD Head Office

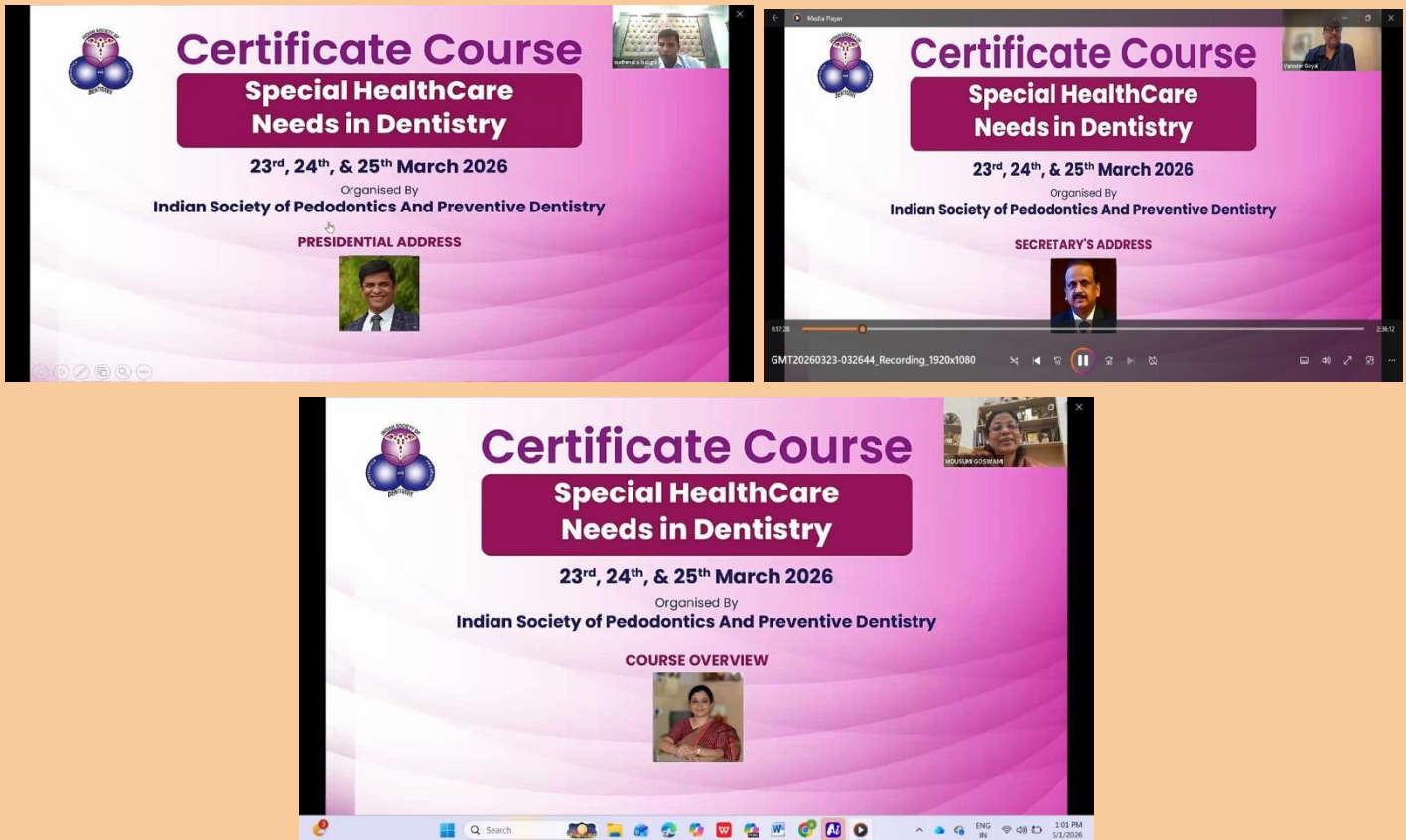
**PROGRAM FACILITATORS**

**Dr Brinda Godhi** **Dr Swati Karkare** **Dr Rupesh Suresh** **Dr Dhananjaya G**



Under the leadership of **Dr. Sudhindra Baliga**, President, ISPPD, **Dr. Varinder Goyal**, Secretary General, ISPPD, and **Dr. Shashikiran N D**, Past President, ISPPD, virtually launched the Fit Pediatric Dentist initiative to promote physical and overall well-being among pediatric dentists and future specialists on 1<sup>st</sup> February 2026. More than 200 participants are the part of the initiative.

# Certificate Course on Special Health Care Needs in Dentistry



The **Special Health Care Needs (SHCN) Online Module** was conducted from 23<sup>rd</sup> to 25<sup>th</sup> March 2026 with the objective of enhancing knowledge and clinical skills in the management of children with Special Health Care Needs. The program commenced on 23<sup>rd</sup> March 2026 with Dr. Anandaraj, as Online Course Coordinator, Dr. Sudhindra Baliga, President and Dr. Varindra Goyal, as Hon: Secretary, addressing the participants and highlighting the society's commitment to professional development. Dr. Mousami Goswami, is the Chief Course Coordinator for the program. The module covered a broad range of topics related to the medical, behavioral, and dental management of children with SHCN. The program successfully enhanced awareness, promoted interdisciplinary learning, and reinforced holistic management approaches for children with Special Health Care Needs among pediatric dental professionals.

# **AWARDS AND ACCOMPLISHMENTS**

# Congratulations...



**Dr. Parimala Kulkarni** MDS, PhD, HOD, Dean at People's College of Dental Sciences and Research Centre, Bhopal, Madhya Pradesh has been appointed as Part-Time Member of the Dental Assessment and Rating Board, National Dental Commission.



**Dr Mousumi Goswami**, Prof & Head, Deptt of Pediatric Dentistry, I.T.S Dental College, Hospital & Research Centre, Greater Noida, U.P. has been appointed as the part-time member to the National Dental Commission



**Dr. Gurvanit Kaur Lehl**, Department of Dentistry, GMCH, Chandigarh, was awarded the Prestigious **Dr. H D Merchant Memorial Award** for her excellent contribution towards Community Services by the International College of Dentists, Section VI (India, Sri Lanka & Nepal) on 1 st March 2026 at the ICD Annual Convocation and Awards Function held at Guru Gobind Singh Indraprastha University, Dwarka New Delhi.



**Dr. Sonali Saha**, Professor & Director, Department of Paediatric and Preventive Dentistry, Sardar Patel Post Graduate Institute of Dental and Medical Sciences, Lucknow, has been honoured with the prestigious “Outstanding Dentist of the Year” award at the Famdent Excellence in Dentistry Awards 2026 in a spectacular ceremony held in NESCO, Mumbai on March 21st, 2026. This remarkable achievement is a testament to her dedication, excellence, and unwavering commitment to the field of dentistry.



**Dr. Gyanendra Kumar**, Registrar, Delhi Dental Council, Head, Department of Comprehensive Dentistry, Professor, Department of Pediatric & Preventive Dentistry, Maulana Azad Institute of Dental Sciences, New Delhi, India has been appointed as **the State Program Officer under the National Oral Health Program**, Delhi State Health Mission, effective from December 2025.

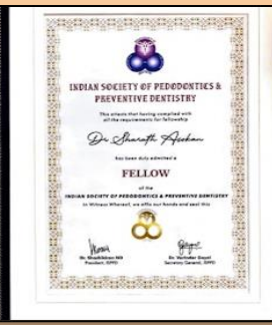


**Dr A. J. Sai Sankar**, Head of the Department; **Dr K. Siva Shankar** and **Dr G. Deepthi Nirmal**, Readers in the Department of Pediatric and Preventive Dentistry, Sibar Institute of Dental Sciences, Guntur, Andhra Pradesh has been awarded as **Best Researcher by Dr. NTR University of Health Sciences, Vijayawada, Andhra Pradesh** on 12/01/2026, honoring their contributions to the field of research - Dentistry (Pediatric and Preventive Dentistry).



**Dr. Sharath Asokan**, Professor & Principal, KSR Institute of Dental Science & Research, Tiruchengode, has been **appointed as the Chairman, Board of Studies for Postgraduate Dental Courses and Member of the Standing Academic Board of The Tamil Nadu Dr. M.G.R. Medical University, Chennai**. This prestigious academic elevation reflects his exceptional leadership, commitment to dental education, and

continuous contributions to the field of dentistry.



## Dr.Sharath

**Asokan**, has been honoured with the prestigious “**Fellow of ISPPD**” award, the highest recognition awarded by the Indian Society of Pedodontics & Preventive Dentistry. This distinguished fellowship is reserved for senior members who have demonstrated exceptional academic contribution and long-standing service to the Pediatric Dentistry and to the ISPPD. The award includes an official certificate and a plaque, marking excellence and dedication at the national level. **Dr.Sharath Asokan**, Principal and Professor, Department of Paediatric and Preventive Dentistry, has been honoured with the **International Association of Paediatric Dentistry (IAPD) Research Award** at the **30th IAPD Congress**, held in **Cape Town, South Africa**, from 22nd to 25th October 2025. This global recognition was awarded in appreciation of his outstanding poster presentation, showcasing excellence in research and innovation in the field of Paediatric Dentistry. The award was presented by the IAPD President, Prof.Figen Seymen, and Dr.Soni Stephen, Awards Committee Chair, during the international conference attended by leading academicians and researchers from across the world.



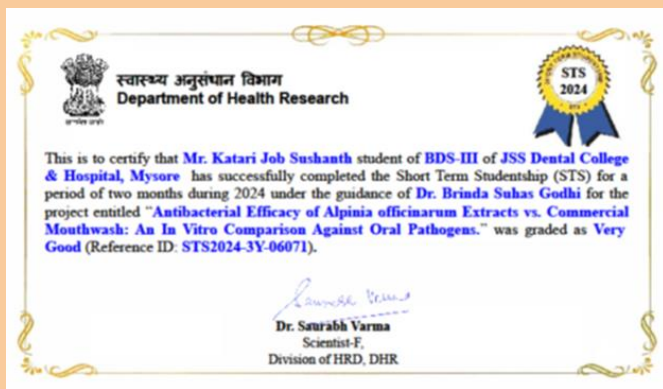
**Dr.Sharath Asokan** has been appointed as a **Member of the Education Committee, International Association of Pediatric Dentistry (IAPD)**. His appointment to the committee reflects his commitment to advancing global standards in pediatric dental education and fostering excellence in teaching and learning. The IAPD Education Committee plays a pivotal role in shaping education policies, developing academic resources and promoting innovative teaching methodologies worldwide.



**Dr. Pratik Kariya**, Professor in the Department of Pediatric and Preventive Dentistry at KM Shah Dental College and Hospital, Sumandeep Vidyapeeth (Deemed to be University), Vadodara, has been conferred with the prestigious **Global Champion Smile Awards** in the category of **Research and Innovation in Sports Dentistry**. This distinguished recognition is jointly presented by the **Indian Academy of Sports Dentistry (IASD)** and the **European Association of Sports Dentistry (Ea4sD)**, highlighting excellence in the emerging field of sports dentistry. The award was presented at the Pune Dental Convention, 2026, an initiative of the Indian Dental Association (IDA), which brought together leading dental professionals from across the country. The Global Champion Smile Award acknowledges the invaluable contributions of dental professionals dedicated to athlete care, emphasizing preparedness, prevention, leadership, and innovations in managing oral health for sports persons. His achievement reflects his commitment to advancing preventive dental care and promoting awareness about the significance of oral health in athletic performance and overall well-being.

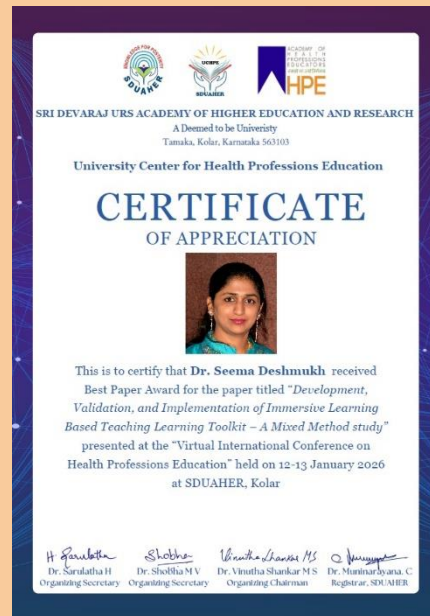


**Dr. Tanzeem Ahmed** has been awarded as the Winner of the Famdent Excellence in Dentistry Awards 2026 under the category of “5 under 5 Dentist of the Year” on 21 st March 2026 at Mumbai for her outstanding achievements and contribution to the society in a short span of her career.



**Successful completion of the ICMR\_STS 2024 projects stands as a proud academic achievement, with strong mentorship of faculty, Department of Paediatric and Preventive Dentistry JSSDCH, Mysuru**

**Dr. Brinda Suhas Godhi**, guided Mr. Katari Job Sushanth in his in vitro study on the antibacterial efficacy of *Alpinia officinarum* extracts versus commercial mouthwash. **Dr. Priyanka Talwade**, guided Ms. Shekainah Thomas in her cross-sectional survey on home remedies and alternative medicine among Type II diabetic patients and treating physicians. The dedicated mentorship of **Dr. Brinda Suhas Godhi** and **Dr. Priyanka Talwade** were instrumental in shaping these projects, fostering research aptitude, and nurturing critical thinking among the students. Their efforts highlight the pivotal role of committed faculty in building a strong undergraduate research culture and achieving academic excellence.



**Dr. Seema Deshmukh, Professor, JSS Dental College & Hospital**, has been awarded with the prestigious "Outstanding Women Researcher in field of Pediatric and Preventive Dentistry Award" by Venus International Foundation based on the 2026 expert committee report and Apex Committee recommendations. This was based on her significant contributions in the field of education in Pediatric Dentistry

She has also been awarded **Best Paper Award** along with a cash prize for her educational research paper titled "Development, Validation and Implementation of Immersive Learning-Based Teaching Learning Toolkit – A Mixed Method Study" in the International Conference of Health Professions Education (ICHPE).



**Dr Chaitali Hambire** secured the **Dr. R.C. Kakar Award in Endodontics (2025)** at the national level, awarded by the International College of Dentists (India, Sri Lanka, and Nepal Section VI) for achieving **first place in an essay competition** for dental surgeons. The award was conferred for the essay titled *“Regenerative Endodontics: A Promising Breakthrough or a Clinical Dead-End,”* which presented a critical and evidence-based evaluation of regenerative endodontic therapies.



**Dr Indira MD**, JSS Dental College & Hospital has successfully completed Advanced Pedagogy & Research Certificate Course (APRCC), conducted from 14th February to 29th March 2026. This program, was organized by the Centre for Transformative Learning, Manipal University College Malaysia in collaboration with the Medical Education Unit, National University Oman, recognized active participation and commitment to advancing educational excellence .The APRCC course provided a structured and evidence-informed framework to strengthen competencies in modern health professions education. Key areas of learning included learner-centered pedagogy, competency-based education, formative assessment strategies, and integration of educational technology.



**Dr. Priyanka Airen**, Professor and HOD, Department of Pedodontics, College of Dental Science, Indore, has been awarded as INITIATIVE and INNOVATIVE award by College Of Dental science for sincere contribution to the development and growth of the institution.



**Dr. C. Chrishantha Joybell**, Reader and Head, Department of Pedodontics, was nominated for the prestigious FAMDENT “Star Pedodontist of the Year” Award 2026, a meaningful recognition that reflects my continued dedication and contribution to the specialty of Pediatric and Preventive Dentistry.



**Dr K Pranitha**, Professor; **Dr G Deepthi Nirmal**, Reader, Sibar Institute of Dental Sciences received “**ISPPD Research Assistance Grant - Life Members**” for the year 2025



Remarkable achievement of **Dr. Sakshi Sharadkumar Mishra**, a 3rd-year postgraduate student, and her PG Guide, **Dr. Anshula N Deshpande**, from Department of Pediatric and Preventive Dentistry at **K M Shah Dental College and Hospital, Sumandeep Vidyapeeth** (Deemed to be University). They were awarded a **Research grant under the Student Startup and Innovation Policy (SSIP)** on March 2, 2026, at Parul University, Vadodara, Gujarat.

**The SSIP (Student Startup and Innovation Policy) is a Government of Gujarat initiative aimed at fostering innovation, entrepreneurship, and startup culture among students by providing financial support, mentorship, and incubation opportunities.**

In a highly competitive selection process, Dr. Sakshi Mishra successfully cleared four rigorous rounds of pitching, demonstrating exceptional innovation, clarity of vision, and research potential. Following this, their project was selected for funding and **awarded a grant of ₹1.5 Lakh.**



**Dr. Shraddha Sharma** PG 3<sup>rd</sup> year from Department of Pediatric and Preventive Dentistry, Sri Aurobindo College of Dentistry was awarded as Runner up in scientific paper presentation at **IDA State Conference 2026**, held from **16th to 18th January 2026** at Indore, Madhya Pradesh.



**Dr. Kashika Jarwal** PG 2<sup>nd</sup> year from Department of Pediatric and Preventive Dentistry, Sri Aurobindo College of Dentistry was **awarded 1<sup>st</sup> prize** in e-poster presentation at **IDA State Conference 2026**, held from **16th to 18th January 2026** at Indore, Madhya Pradesh.



**Dr A. Divya**, Postgraduate student, Sibar Institute of Dental Sciences, Guntur received **ICMR PG Thesis Support Program Grant** and **ISPPD Research Assistance grants - student members** for the year 2025.



**MUHS University Level Research Competition “Avishkar 2026”** was held at MUHS Nashik on 13th January 2026. The postgraduate students of the Department of Pediatric and Preventive Dentistry, **SMBT Dental College and Hospital, Sangamner** achieved remarkable success across multiple academic categories. Dr. Mrunalini Kadam achieved 1st prize in the Humanities, Languages and Fine Arts category. Dr. Siddhi Shinde secured 2nd prize in the Medicine and Pharmacy category and Dr. Sampada Rakh earned 3rd prize in the Commerce, Management and Law category, showcasing commendable analytical and research capabilities.



State Level Inter University Research Competition “Avishkar 2026” was held at Vasantnaik Krushi Vidyapeeth, Parbhani on 31st January 2026. Department of Pediatric and Preventive Dentistry, **SMBT Dental College and Hospital Sangamner**, marked yet another achievement through the commendable performance at the competition. **Dr. Siddhi Shinde** Guided by **Dr. Vinaya Kumar Kulkarni** was awarded the 1st Consolation Prize.



1st year post graduate student of Department of Pediatric and Preventive Dentistry, College of Dental Science ,Rau Indore won 2<sup>nd</sup> prize in Poster presentation on “Augmented and Virtual Reality in Pediatric dentistry “ in 43<sup>rd</sup> IDA national Conference held in Indore Jan 2026 .

# **Dental Awareness programs**

# Meenakshi Ammal Dental College and Hospital



**Dept of Pediatric and Preventive Dentistry, Meenakshi Ammal Dental College and Hospital,** under the aegis of the Indian Society of Pedodontics and Preventive Dentistry (ISPPD), successfully conducted PedSkills 1.0, a three-day Masterclass on Basic Life Support (BLS) and Pediatric Advanced Life Support (PALS), from 20th to 22nd January 2026. 66 postgraduates from various departments and pediatric dentists underwent structured lectures and hands-on skill-based training. The second and third days focused exclusively on Pediatric Advanced Life Support (PALS), during which 29 pediatric dentists and postgraduate students received intensive training in advanced pediatric emergency management.

# SRM Dental College, Ramapuram, Chennai

## Out Reach Activity SRM DENTAL COLLEGE, RAMAPURAM

DENTAL EMERGENCY & TRAUMA MANAGEMENT FOR TEACHERS THROUGH AWARENESS SESSIONS



ORAL HEALTH SCREENING FOR SCHOOL CHILDREN THROUGH ON-SITE RURAL CAMPS



PEDIATRIC DENTAL TREATMENT FOR COMMUNITIES  
THROUGH OUTREACH CAMPS

ORAL HYGIENE AWARENESS FOR  
CHILDREN THROUGH INTERACTIVE  
EDUCATION SESSIONS



Between January and March 2026, Dept of Pediatric Dentistry, **SRM Dental College, Ramapuram, Chennai** successfully conducted **14 treatment camps** across both urban and rural communities, significantly improving access to pediatric oral healthcare. In addition, **2 on-site screening camps** were organized in rural schools. As part of preventive and emergency preparedness, **educational sessions** were conducted in and around Ramapuram, Chennai for school teachers on dental trauma management, enhancing their ability to respond effectively to dental injuries in children.

## Department of Dentistry, Government Medical College & Hospital, Sector-32, Chandigarh



**Dept of Dentistry** in collaboration with Department of Obstetrics & Gynaecology, **GMCH, Sector 32, Chandigarh**, IDA Chandigarh State Branch and ICD Section VI organized a Preventive Oral Health Program on 9th March to celebrate The International Women's Day 2026. The Patients at the Gynaecology OPD were educated on Oral Health Preventive measures by Dr. Gurvanit Kaur Lehl and her team. Brushing Technique Demonstration was given to the Patients and proper hand washing technique was also demonstrated. Prevention of Cervical Cancer and Anaemia was also elaborated upon by the Department of Obstetrics & Gynaecology.

To commemorate World Oral Health Day 2026 and World Down Syndrome Day 2026, Department of Dentistry, GMCH 32, Chandigarh and OHSC, PGIMER, Chandigarh, IDA Chandigarh State Branch & ICD Section VI (India, Sri Lanka & Nepal) organized a drawing competition and an oral health check up camp at the Government Rehabilitation Institute for Intellectual Disabilities (GRIID), Sector 31, Chandigarh. Prizes were awarded to the winners of the drawing competition. Around 40 students were examined and a colorful kit containing a toothbrush and toothpaste was also distributed.

# Karpaga Vinayaga Institute of Dental Sciences, Chengalpattu, Tamil Nadu



**National Girl Child Day 2026**, 24th January 2026, Karpaga Vinayaga Institute of Dental Sciences, Chengalpattu, Tamil Nadu was celebrated by the Department of Paediatric and Preventive Dentistry with great enthusiasm and social responsibility. The program aimed to promote awareness on the importance of empowering the girl child and ensuring gender equality. Activities such as poster presentations, rangoli competitions, and interactive discussions highlighted themes of education, health, and rights. Students actively participated and expressed their perspectives creatively, making the event meaningful and impactful.



**Tooth Fairy Day 2026**, 28th February 2026, Karpaga Vinayaga Institute of Dental Sciences, Chengalpattu, Tamil Nadu was organized to promote oral health awareness among children. The event included fun activities, educational games, and demonstrations on proper brushing techniques. The department was attractively decorated, creating a lively atmosphere for the children. Participants were encouraged through certificates and rewards, making the session both informative and enjoyable while reinforcing healthy oral hygiene practices.



**World Nutrition Month 2026**, March 2026, Karpaga Vinayaga Institute of Dental Sciences, Chengalpattu, Tamil Nadu was celebrated to emphasize the importance of balanced nutrition and its impact on oral and overall health. Special focus was given to the role of diet in preventing dental caries, highlighting the harmful effects of frequent sugar intake and the benefits of fibrous and calcium-rich foods. Activities such as dietary demonstrations and interactive sessions helped children understand healthy food choices in an engaging manner. The program effectively reinforced the importance of nutrition in maintaining good health.

# Oxford Dental College, Bengaluru



On March 25th, the Department of Pediatric and Preventive Dentistry at **Oxford Dental College, Bengaluru**, hosted CDE and hands-on workshop titled “Monolithic Mastery” organized under the guidance of Dr. Priya Subramaniam, Principal, Dr. Kiran K, Head of the Department and Dr. Bharath Vardhana S, CDE Convenor. The workshop featured Dr. Mukul Jain, a distinguished Pediatric Dentist and the Founder and Director of Kids-e-Dental, India. The workshop focused on advancing contemporary restorative techniques for young patients, specifically targeting the clinical efficiency and esthetic superiority of monolithic restorations. Dr. Jain’s sessions provided deep insights into simplified workflows, material selection, and minimally invasive strategies designed to improve pediatric treatment outcomes and patient comfort. Preformed Space Maintainers: Discussed as vital tools for preserving arch integrity and preventing malocclusion. The session covered essential clinical steps, including case selection, tooth preparation, and cementation techniques. Through interactive discussions, attendees were able to clarify complex clinical scenarios and refine their technical skills.



# Mission Sankarachariyar Dental College



The Department of Pediatric and Preventive Dentistry conducted an International Continuing Dental Education (CDE) programme “*Pedodontie Sante – VIN 26*” on *Pediatric Sedation – A Hands-on Workshop on Nitrous Oxide and Intranasal Sedation* on **30th January 2026** at Founder’s Hall, Vinayaka Missions Sankarachariyar Dental College, under the aegis of the Indian Society of Pedodontics and Preventive Dentistry. The programme featured world renowned eminent resource person **Dr. Stanley F. Malamed**, nationally Esteemed & renowned **Dr. Srinivas Namineni**, and **Dr. Ashwin Rao**, who shared valuable clinical insights on pediatric sedation. A total of **192 delegates**, including undergraduate and postgraduate students, faculty and private practitioners from across the country, participated through online and offline modes. The programme comprised scientific lectures and hands-on training sessions, enhancing participants’ knowledge, clinical skills and confidence in managing pediatric patients using safe and effective sedation techniques.



# SMBT Dental College and Hospital, Sangamner



Department of Pediatric and Preventive Dentistry, **SMBT Dental College and Hospital Sangamner**, successfully organized a research training program titled “Bridging the Evidence Chain: A Complete Guide to Formulating and Writing Systematic Review and Meta-Analysis” on 8th November 2025 under the esteemed chairmanship of Dr. Vinaya Kumar Kulkarni. The program was conducted with the objective of strengthening participants’ understanding and skills in evidence-based research, particularly in the area of systematic reviews and meta-analyses.

The subject Matter Expert was **Dr. Seema Bargale, Professor, Department of Paediatric Dentistry, K M Shah Dental College and Hospital, Vadodara**. Dr Bargale’s sessions provided valuable insights into both the theoretical and practical aspects of conducting high-quality systematic reviews. The program offered a comprehensive framework, beginning with the formulation of focused research questions and extending through the complete process of systematic review and meta-analysis writing.



# Sri Venkateswara Dental College



Department of Pediatric and Preventive Dentistry, Sri Venkateswara Dental College, conducted a 2 day workshop on 21.01.2026 & 22.01.2026. The workshop concentrated on Myths & Facts of Pediatric Orthodontics, Diagnosis & Treatment Planning with Ceph analysis and model tracing, Common Misconception about Mixed Dentition in Orthodontics, Maxillary Expansion & Lower Anterior crowding, Pediatric OSA in Medical and Dental view, Myofunctional exercises for class II & class III and Clinical case discussions. The guest speakers were Dr. Roshan Rayen (MDS FICCD-USA), Dr. Jeevarathan J (MDS), Dr. V.S. Hariharan (MDS) and Dr. Vijaya krishnan P (DLO MNAMS).



# Sibar Institute of Dental Sciences, Guntur, Andhra Pradesh



On 01-03-2026, Department of Pediatric and Preventive Dentistry, **Sibar Institute of Dental Sciences, Guntur, Andhra Pradesh** organised a **workshop on Pediatric rotary endodontics and space management**, **Dr Ganesh Jeevanandan**, MDS, PhD, Faculty, Saveetha Dental College & Hospital, Chennai, Tamil Nadu, as the resource person. The lectures were followed by a demonstration and hands-on using Kedo-S rotary files & Kedo S-fit pre-formed space maintainers. A total of 87 post-graduates, interns, and faculty members from six surrounding dental colleges have actively participated in the event.



## College of Dental Science ,Rau, Indore



Department of Pedodontics, CDSH organized a one-day hands-on workshop and Lecture on 16th January 2026 as a preconference course in collaboration with the 43rd IDA Conference held in Indore on 17th and 18th January 2026 under the leadership and guidance of Head Of Department Dr.Priyanka Airen . The academic session was delivered by Dr. Rohan Bhatt, Pediatric Dentist from Ahmedabad. The program was attended by pediatric dentists from Indore and 30 students registered for the workshop.

**IN SPOTLIGHT**

## Advancing Airway-Centric Dentistry: ISSS–IASSACON 2026 and the Largest Dental Sleep Medicine Symposium in India



ISSS–IASSA 2026 marked a significant milestone in the advancement of airway-focused healthcare in India, bringing together medical and dental experts in a highly interdisciplinary academic forum. Under the leadership of **Dr. Vikas Agrawal, Program Chair**, and **Ms. Maria Suurna, President, ISSS**, the congress was inaugurated by Former Chief Justice of India – Justice **D Y Chandrachud** on 20 th Feb 2026. This was an exceptional platform for knowledge exchange, scientific collaboration, and clinical innovation with more than **300 scientific lectures including panel discussions & workshops spread over 3 days**. The dental program, coordinated by **Dr. Mihir Shah, Dr. Kranthikumar Reddy, Dr. Nivedita Kumar, and Dr. Sukhvinder Bindra**, stood out as the largest symposium for dental sleep medicine (DSM) in the country & it consisted of more than 50 lectures on DSM topics & full day workshop on Maxillary Expansion.

The DSM symposium featured distinguished **international faculty** who enriched the academic discourse with global perspectives and contemporary clinical approaches. **Dr. Audrey Yoon** presented on Customised MARPE for Obstructive Sleep Apnea along with full day workshop for the same while **Ms. Renata Nehme** addressed Pediatric SDB and Myofunctional Therapy.

The **national faculty** delivered a comprehensive and practice-oriented scientific program covering the breadth of airway-centred dental care. **Dr. Mihir Shah** spoke on the Pathophysiology of Pediatric OSA and Orofacial Myofunctional Disorders; followed by a panel discussion. **Dr. Kranthikumar Reddy** presented on Maxillary Expansion and OSA; and **Dr. Roshan Rayen** discussed Investigatory Tools for Growth-Based Airway Assessment. **Dr. Preeth Shetty** delivered a session on History and Clinical Examination in Pediatric SDB.

The symposium also placed strong emphasis on the evolving role of tongue-tie management in airway and functional health. **Dr. Meenakshi Kher** offered a reflective session titled '*It's Time to Introspect Tongue Ties & Doing What's Right by Our Patients*', **Dr. Sanchit Paul** presented *Unlocking Airway Potential: Tongue-Tie Release as Early Mouth- Breathing Intervention*, and **Dr. Abhishek Soni** discussed *CO2 Laser Tongue Tie Release Integrated with OMT in Pediatric SDB*.

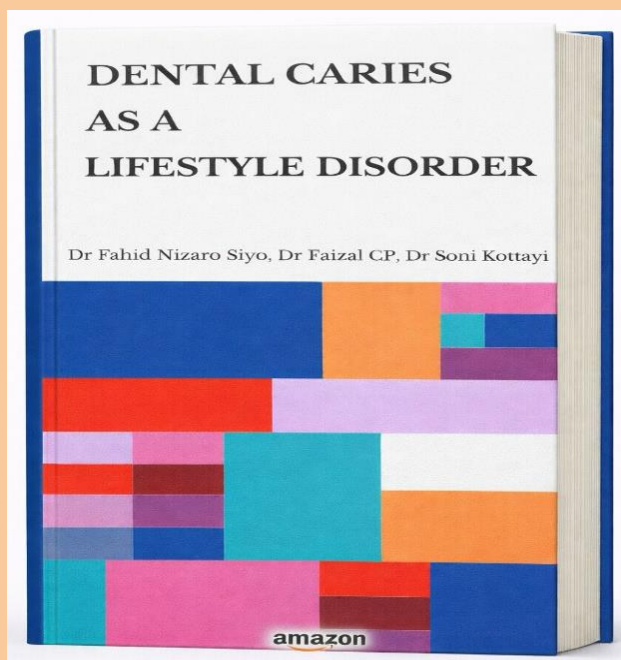
**Dr. Santoshkumari Rathod** shared perspectives on Treatment Modalities for Pediatric SRBD at Different Ages, while **Dr. Hariharan VS** conducted a video session on the *MAD Device for Snoring*. **Dr Kavita Rai** presented on *Changes in Pharyngeal airway space in Class III using Modified Twin block*. **Dr Ankita Shah** presented on *Why many Sleep appliances Fail- The missing role of TMJ, Tongue posture & neurofascial balance*. Apart from above there were many more DSM lectures taken by Orthodontists, Prosthodontists, Periodontists & General dentists. The conference was followed by Gala Dinner & the Great Gatsby musical event. Overall, **ISSS-IASSA 2026** demonstrated the expanding role of Pediatric dentistry in the prevention, assessment, and management of sleep-related breathing disorders. The academic depth, interdisciplinary spirit, and global participation seen at this landmark event signal a promising future for dental sleep medicine in India. More importantly, they reaffirm the need for continued collaboration, research, and education to advance airway-centred care for patients of all ages.



THE



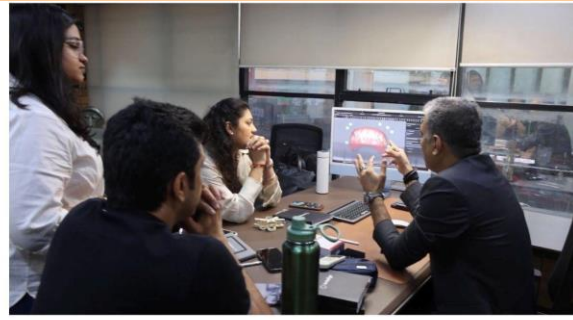
**Dr. Rajeshwari Baskar**, Assistant Professor from **SRM Dental College, Ramapuram, Chennai**, has developed and validated a novel Multidimensional Behavior Rating Scale (SCAMBS-DRS) for pediatric dental care, specifically designed for assessing behavioral responses in both children and children with special healthcare needs. This significant contribution has been published in The International Journal of Paediatric Dentistry.



**Dr Fahid Nizaro Siyo, Dr Faizal CP, Dr Soni Kottayi, Dept of Pediatric & Preventive Dentistry**

**Kannur Dental College, Anjarakandy, Kannur**  
The book *Dental Caries as a Lifestyle Disorder* presents a contemporary and paradigm-shifting perspective on dental caries. Moving beyond the traditional view of caries as merely an infectious process, the book conceptualizes it as a lifestyle-driven non-communicable disease (NCD). The book emphasizes the importance of preventive, behavior-oriented, and lifestyle-based interventions, complementing conventional clinical approaches to caries management. The book is

Published in January 2026 and is available in both Kindle and print editions on Amazon.



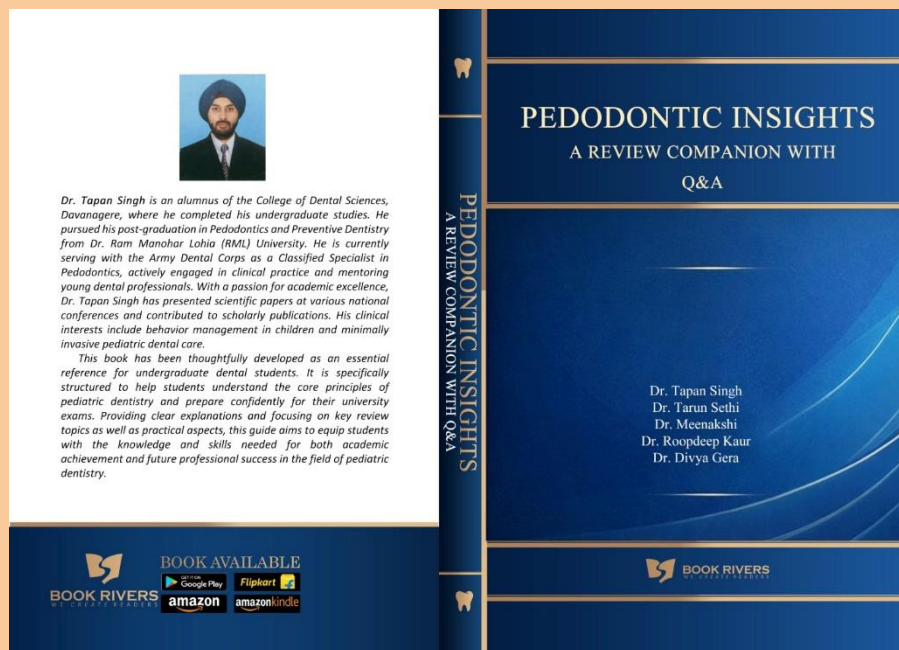
**Vasupujya Dental Hospital** proudly announces its recognition as India's first Invisalign Center of Excellence, a milestone that reflects their unwavering commitment to clinical precision, innovation, and patient-centric care. They hosted India's first Invisalign Masterclass, an exclusive academic and clinical program designed for progressive dental professionals.

The session offered participants a comprehensive understanding of their refined workflow—from digital diagnosis to execution—along with real-time exposure to live cases. Attendees were engaged in hands-on learning with actual patients, gaining insights into case planning, Invisalign staging, and outcome optimization under expert supervision.

Established in 2010, Vasupujya Dental Hospital stands as Gujarat's first registered dental hospital, distinguished by its advanced in-house Dräger setup for treatments under general anesthesia. Their practice follows a modern “scan first, talk later” philosophy, enabled by an iTero-inclusive ecosystem that ensures accuracy, transparency, and superior patient experience. Over 30,000 patients are treated, and the institution is powered by a team of 12 in-house super specialist doctors delivering multidisciplinary excellence under one roof.

Leading the clinical frontier is **Prof. Dr. Rohan Bhatt**, recognized as India's first pedodontist to achieve the highest number of Invisalign cases in the country last year.

At Vasupujya, dentistry is not just treatment—it is a finely curated experience defined by precision, luxury, and trust.



## Pedodontic Insights: A Review Companion Q&A

A thoughtfully crafted resource designed to simplify and strengthen the understanding of pediatric dentistry for undergraduate students and early practitioners. The book presents core concepts in a clear, concise, and exam-oriented format, making it an ideal companion for academic revision as well as practical learning. Authored by **Dr Tapan Singh** and a group of experienced clinicians and academicians, the book emphasizes key areas such as behavior management in children, preventive strategies, and minimally invasive treatment approaches. Its systematic presentation and accessible language make it especially useful for quick revisions.

## **Student Achievements:**

Laurels of undergraduate and postgraduate students in national academic events and secured several accolades:

### **Picto Mystery Competition (National, February 12, 2026 – Sathyabama Dental College):**

3rd Place – Sharan G, G. Vidya, V. S. Muskaan Fathima, N. Aparajithaaa

### **Paper Presentation (National, February 12, 2026):**

1st Place – R. Divya Lakshmi, Charanya Suresh

2nd Place – Laksita M

### **Table Top Presentation – Spirit 2026 (February 27–28, 2026):**

1st Place – R. Divya Lakshmi

### **Research Presentation – ISPPD Convene 2026 (March 12–14, 2026):**

Best Paper – Darshana S



**Dr. Rashi Gupta, Paediatric Dentist and Founder of Happynest Dental Care, Kanpur, achieved significant professional milestones through clinical innovation, leadership, and entrepreneurial excellence.**



A landmark achievement was the introduction of conscious sedation dentistry for patients in Kanpur for the first time, enabling safe, anxiety-free dental treatment for individuals requiring advanced behaviour management. This initiative represents a progressive advancement in dental care, improving treatment

acceptance and fostering positive dental experiences.

In recognition of her professional leadership and contribution to entrepreneurship, Dr. Rashi was felicitated on the occasion of International Women's Day by Prime Star Mercedes-Benz, in the presence of Hon'ble Mayor of Kanpur, Smt. Pramila Pandey Ji.

Further acknowledging her innovation and professional impact, Dr. Rashi was recognised as a winner at the Young India Entrepreneur Challenge and received special recognition for Exceptional Consistency and Storytelling in the Brand Buzz Entrepreneur Challenge.

Through these achievements, Dr. Rashi continues to contribute toward advancing dentistry by integrating clinical excellence, modern treatment approaches, and patient-centred dental care practices.

Women's day <https://www.instagram.com/p/DVp8yMdgf62/?igsh=Y3FtNXJvbjA4ODdx>

Young India Entrepreneur Challenge

<https://www.instagram.com/p/DVyFMtWAcO8/?igsh=cXNxdWd4YnA2N3Uy>

# Patents:

**Dr. Jaiganesh**, Associate professor, Meenakshi Ammal Dental College, Chennai, and his team have published a patent for their invention titled **“Bio-resorbable collagen cone for root canal obturation in primary teeth.”**

**Dr. Navami Gopan**, Assistant Professor, Meenakshi Ammal Dental College, Chennai, and **Dr. Maniksha**, a second-year postgraduate student, have published a patent for their invention titled **“Child-Friendly Multisensory Analgesia System for Dental Procedures.”**

(12) PATENT APPLICATION PUBLICATION	(21) Application No.202641025470 A																																				
(19) INDIA																																					
(22) Date of filing of Application :04/03/2026	(43) Publication Date : 13/03/2026																																				
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**Indian Society of Pedodontics & Preventive Dentistry  
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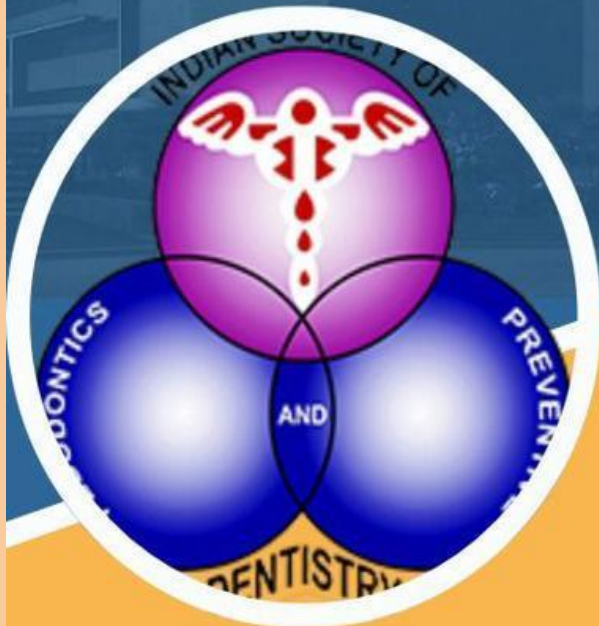


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# Stay Connected

## Dear Esteemed Members

Warm greetings from the Indian Society of Pedodontics and Preventive Dentistry.

To keep you informed and connected with the latest updates and events of the society, we are excited to share the official social media handles of ISPPD. These platforms will serve as a hub for announcements, scientific discussions, and community engagement.

We encourage you to follow and engage with us on social media platforms.

By following these platforms, you will stay updated on:  
Upcoming conferences and workshops, Latest research and publications, Society activities and initiatives, Member highlights and achievements

We value your support and look forward to fostering a stronger, more connected ISPPD community.



Warm regards,  
**Dr. Varinder Goyal**  
General Secretary

Indian Society of Pedodontics and Preventive Dentistry (ISPPD)